

***A REPORT ON LiFE
(LIFESTYLE FOR
ENVIRONMENT) CAMPAIGN
PROGRAMME***



Organized by
**Science Forum, Kamrup College,
Chamata**

Launched by
**Science Technology and Climate
Change department, Government of
Assam**

Supported by
Assam Science Technology & Environment Council

Date: 23-03-2023

Time: 11.30 PM

Venue: Kamrup College, Chamata

Objective:

LiFE (Lifestyle for Environment) is an India-led global mass movement to nudge individual and community action to protect and preserve the environment. It was introduced by Hon'ble Prime Minister at COP26 in Glasgow on 1 November 2021-as a mass movement for “mindful and deliberate utilization, instead of mindless and destructive consumption” to protect and preserve the environment. It aims to motivate individuals and communities to practice a lifestyle that is synchronous with nature and does not harm it.

Mission LiFE 2022-23:

In view of Mission LiFE, a list of 75 individual LiFE actions across 7 categories is defined as following:

1. Energy Saved
2. Water Saved
3. Single Use Plastic Reduced
4. Sustainable Food System Adopted
5. Waste Reduced (Swachhata Actions)
6. Healthy Lifestyle Adopted
7. E-Waste Reduced

To address these 7 categories of LiFE actions, Science Technology and Climate Change Department, Government of Assam has taken an initiative for promotion of LiFE mission in the Assam state, by celebrating a weeklong program from 22nd to 28th March 2023, in School, Colleges, Eco club etc dedicating one day each to one of the 7 categories. Among the 7 category, day 2 was celebrated at Kamrup College Chamata on 23/03/2023, with the theme Save energy.

Overview of the programme:

Altogether around 400 people including faculties, students and college staffs attended the awareness program. Four resource persons, Shirshendra Shekhar Das, Founder of Mid-way journey Guwahati, Rajesh Dutta Baruah, Secretary founder of Green Globe, Bandita Deka, Gogan Bezbaruah and Masum Ahmed were present who cooperated the program so gracefully. The Program was initiated by the welcome introductory speech by Dr. Sujan Kalita, Assistant Professor, KCC. Further, Dr. Kabita Choudhury, Vice Principal, KCC, felicitated the resource persons.

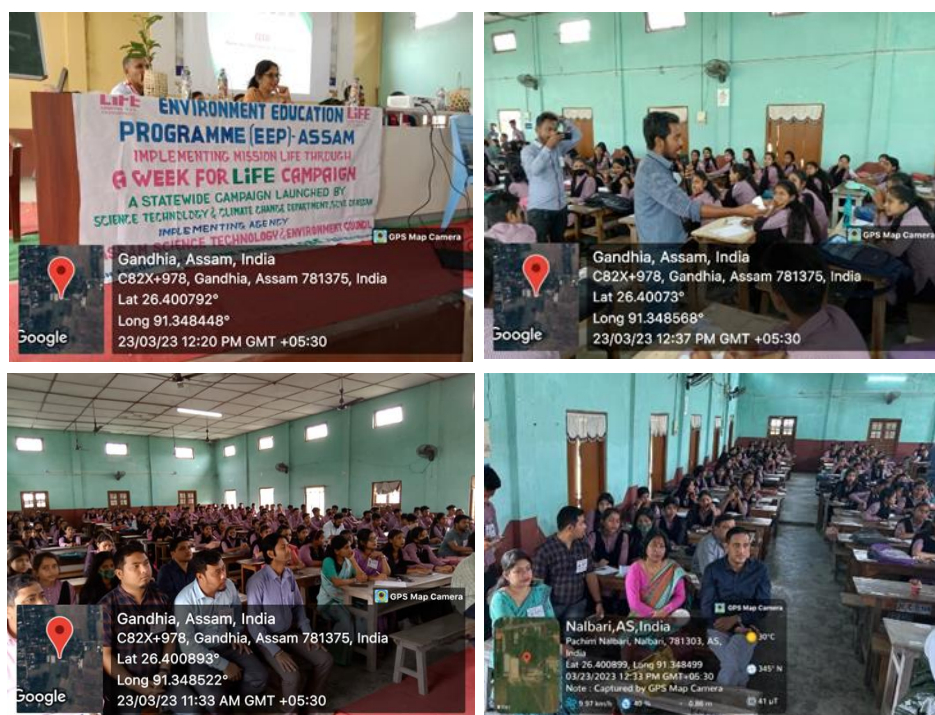


Figure 1: Few glimpses of the event.

The program started with the slogan and poster writing competition, which was based on the theme "SAVE ENERGY," led by Dr. Sanjib Kumar Goswami, Assistant Professor, KCC. Subsequently, the quiz competition, mainly consisting of environment-related questions, was organized by Himanshu Bora, Assistant Professor, KCC. Every quiz contestant who answered correctly was rewarded with a pen to motivate the students for getting more knowledge about our environment.

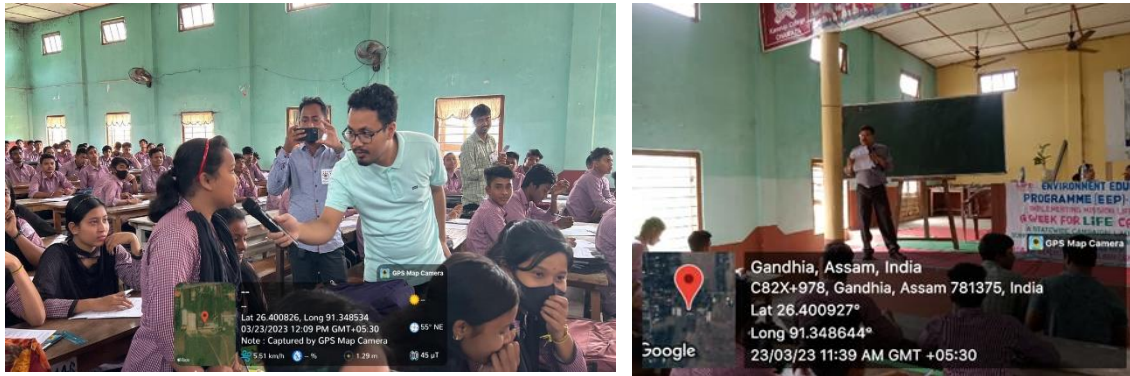


Figure 2: Quiz competition and slogan writing competition.

Further, Shirshendra Shekhar Das, the resource person, gave a lecture on how to adapt our lifestyle to our surroundings. Rajesh Dutta Baruah then gave the following lecture on the idea of "mobile dustbin". The first, second, and third place holders of the poster and slogan competition received a certificate. Finally, the program ended with the vote of thanks given by Dr. Kabita Choudhury. Overall, the program was a grand success and helped all the participants including faculty and students to gain many new ideas about the theme SAVE ENERGY.



Figure 3: Interaction with students and distribution of prizes.