

## **Best Practice-1**

### **1. Title : Voluntary Blood- Donation Camp**

The college has been adopting many best practices in regular intervals since its beginning. The institution is not only a premier centre of higher learning in the entire west Nalbari area but also a pioneer of cultivating all the human values among the students. With the changing trends of the present day society it is found that the new generations have witnessed a massive crisis of humanism in the society. The basic human values such as the kindness, helpfulness, cooperation, sacrifice for peers etc. are gradually decreasing which have turned their lives more individualised. Donation of one's blood is equivalent to giving a new life to someone. Keeping such a noble need in mind the college with the help of its NSS wing communicated with the Superintendent of SMK Civil Hospital, Nalbari and organized a blood Donation Camp at college on 25/06/2019. The goals of this best practice are

**2 .Goal:** the goals of this best practice of the institution are :

- a) To develop the sense of humanity among the students
- b) To contribute to the district Blood Bank of SMK Civil Hospital, Nalbari

### **3.The Context:**

Blood is the most precious gift that one can give to another person for saving his life. Everyday 12,000 people in India die due to the sheer lack of donated blood. Our country collects 11 million units of blood but needs 15 million units, so there's a deficit of 4 million units. It is a felt necessity to donate at least once or twice a year to bridge this gap. There is also a lack of awareness among the people about the concept of blood donation. Therefore people, particularly the youngsters should be motivated to donate blood for saving the lives of others.

### **4. The Practice:**

In order to hold the camp in a sound way the names of the voluntary blood donors were registered and all the physical examinations were completed and those who were declared physically fit were selected for blood donation. The haemoglobin test was also done .Dr. Utpal Das, in-charge of Blood Bank of SMK Civil Hospital with the assistance of other Para- medical staff and student volunteer smoothly conducted the programme. Altogether 23 persons donated their precious blood to the District Blood Bank. He medical and Para medical staff helped to storage the blood at a proper temperature until the camp is completed

**5. Evidence of Success:** The practice has highly motivated the students and other members to do more for the humanity. The camp was successful in donating 50 units of blood to the Blood Bank of SMK Civil Hospital. The college was awarded a letter of Gratitude in response to this best practice by the superintendent of the hospital .

### **6. Problems Encountered and Resources Required**

As it takes half an hour to reach the Blood Bank of the District Civil Hospital from the venue there arose some kinds of inconvenience to storage the blood for more times.

### **7. Contact Details**

Name of the Principal : Dr. Debendra Kr. Bezbaruah

Name of the Institution : Kamrup College, Chamata

Village : Chamata

PIN :781306  
Website : [www.kamrupcollegechamata.co.in](http://www.kamrupcollegechamata.co.in)  
Mobile : 9854689794

## **Best Practice-2**

### **1.Title : Leadership Training**

**2. Goal:** This kind of best practice was adopted with the following goals:

- a) To develop self-confidence among the students in organizing academic seminar/workshop/conference etc.
- b) To identify the students exhibiting the leadership qualities
- c) To develop the management capabilities of the students.

**3. Context:** One of the most important aims of education in a democratic country is the development of leadership .In the other words the strength of democracy lies on the leaders it give birth. We cannot say that leaders are born, instead true leader can be made also. There are certain traits or qualities that every good leader should possess. Education has a powerful role to play in moulding leadership for the healthy development of the society and nation. Every educational institute is a miniature society where students can acquire the basic qualities of leadership like the confidence in public speaking, eloquence, interpersonal relationship, tolerance, hardworking, extroversion, sincerity, sense of responsibility and many more. Keeping this emerging need of leadership training, the college had arranged a two-day leadership training programme on 23rd & 24<sup>th</sup> December, 2018 .

**3. The Practice:** The college informed the students through proper notification about the programme through proper notification. The members of the Students' Union were entrusted with all the responsibilities of organizing a popular talk and a seminar on the theme "How to overcome the stress of exams". They assembled by calling a general meeting of students of all the semesters, discussed the matters thoroughly, and sought cooperation from all. They again called upon another two meetings and proceeded for one step ahead by fixing the topic and name of resource person for the popular talk to be delivered on the first day. The teachers played the role of observer and adviser only.

**4. Evidence of Success:** It was a wonderful practice with impactful result. A majority of students enthusiastically took part in the whole process and helped each other to carry out the responsibilities. It was also observed that found that 7 to 8 students came out with full confidence to lead the others. This group of students distributed the works among other students for the successful completion of the two days' programmes. They have printed invitation letters, went personally to invite the resource persons from Gauhati University, prepared welcome address, felicitated them, did anchoring of the programmes and made a good conclusion. Such an encouraging practice helped the students to learn many soft skills, developed self –discipline ,trained them the managerial capabilities etc. effectively