

# Kamrup College, Chamata

## Best Practice-1 (2017-18)

1. Title of the Practice: Swachh Mission

2. Goal

To accelerate the efforts to achieve universal sanitation coverage and to put focus on sanitation, the Prime Minister of India, Shri Narendra Modi, launched the Swachh Bharat Mission on 2nd October, 2014. The Mission Coordinator shall be Secretary, Ministry of Drinking Water and Sanitation (MDWS) with two Sub-Missions – the Swachh Bharat Mission (Gramin) and the Swachh Bharat Mission (Urban). The Mission aims to achieve a Swachh Bharat by 2019, as a fitting tribute to Mahatma Gandhi on his 150th birth anniversary. The phraseology of “Swachh Mission” has, therefore, gained increasing importance with focus on the concerted efforts derivable from public and private domain and amongst college authorities.

(I) Ensuring sanitation measures amongst students

(II) Generating awareness on swachata (cleanliness).

3. The Context

Open defecation and sewage contamination of drinking and bathing water has been an endemic sanitary problem in India. In 2014, India was the country with the highest number of people practicing open defecation, around 530 million people

Therefore, Kamrup College, Chamata endeavours to make the students aware of the risk open defecation and on the importance maintaining hygiene and cleanliness.

4. The Practice

Kamrup College, Chamata endeavours to make the students aware of the problems related to open defecation and poor hygiene. Also enough reading material are available for students to make themselves aware of the risk of the same. This is, in fact, unique features of Higher Education as the Director of Higher Education, Assam and District Administrative Authority of Nalbari has asked all the higher education institutions to ensure colleges to carry out Swachh Abhijan

#### 5. Evidence of Success

Kamrup College, Chamata with help of the District Administration has conducted various Awareness programme on Swachh Mission. Also, competitions like quiz and art are also conducted amongst the students of the college in successful manner. The college has also carried out cleanliness drive in and around the college campus.

#### 6. Problems Encountered and Resources Required

Initially some students especially girls were hesitant to take part in the Swachh Mission, but at the guidance of the teachers of the college ,they came forward and took the lead role in Swachh Mission.

#### 7. Contact Details

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## **Best Practice-2**

1. Title of the Practice: Tobacco Free College

2. Goal

Though the Government of Assam has banned the use of tobacco products in the state of Assam, yet they are available in the market easily. Also a large section of students are found to be addicted to tobacco products especially in the form of Gutkha. This is a serious threat

to the students of the college in terms of health issues. Also, they are often caught throwing tobacco spit in the walls of the college. Therefore the goal is to make the college tobacco free institutions mainly by banning

(III) Ensuring no sell of such products in the nearby campus area.

(IV) Imposing gross fines and disciplinary measures to students having tobacco products

(V) Generating awareness on the Fact "Tobacco is injurious to health".

### 3. The Context

In Assam use of nuts and leaves products with lime and tobacco products is a common practice in rural society. This has negative impacts on the health of the public and more specifically youths like college students. Though the Government of Assam has banned the use of tobacco products in the state of Assam, yet they are available in the market easily. Also a large section of students are found to be addicted to tobacco products especially in the form of Gutkha. This is a serious threat to the students of the college in terms of health issues. Also, they are often caught throwing tobacco spit in the walls of the college. Therefore , Kamrup College , Chamata endeavours to make the college tobacco free institutions mainly by ensuring no sell of such products in the nearby campus area, imposing gross fines and disciplinary measures to students having tobacco products and by generating awareness on the Fact

"Tobacco is injurious to health".

### 4. The Practice

Kamrup College , Chamata endeavours to make the college tobacco free institutions mainly by ensuring no sell of such products in the nearby campus area, imposing gross fines and disciplinary measures to students having tobacco products and by generating awareness on the Fact "Tobacco is injurious to health". This is, in fact unique features of Higher Education as the UGC has asked all the higher education institutions to ensure colleges to ban selling such products in and around the college campus.

### 5. Evidence of Success

Kamrup College , Chamata has declared the college tobacco free institutions mainly by ensuring no sell of such products in the nearby campus area, imposing gross fines and disciplinary measures to students having tobacco products and by generating awareness on the Fact "Tobacco is injurious to health". Not less than 150 male students and 40 female students have been successfully de-addicted from tobacco products.

### 6. Problems Encountered and Resources Required

Initially some addicted students became irregular in attending classes. Notices were issued to such students explaining the consequence that may hamper them in awarding Internal Marks for end semester examinations for poor attendance and the problem was solved. This practice required not much financial resources and only administrative back up was required.

#### 7. Contact Details

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